

# Wild Camping Expeditions

We have available for members sets of specialist 'non-personal' camping equipment as shown in the list below. Though there will be a small charge for cleaning sleeping bags (currently £18) in addition to the normal walk subscription.

The expeditions will usually take place on a Thursday afternoon and evening, returning Friday morning. We will walk up to 3 or 4 miles in and return a similar way. There will not be any laden hill climbing. The opportunity to be in the wild, without street lights or other distractions is not to be missed.

Users will need to provide their own cutlery (fork and spoon) or use the Spork, food, drinking materials, spare head torch batteries (3 of AAA), screw fitting gas canister (Coleman 100 for an overnight or 250 for 2 nights), and personal hygiene materials. Normal personal walking gear will also need to be taken, but it isn't necessary to duplicate anything from the list below. A head midge net and insecticide spray may also be useful.

Either boil in the bag (Wayfarer) or freeze dried meal packs are ideal, and neither particularly heavy. Enough for an evening meal, late snacks, and breakfast. You will also need the makings of your choice of hot drinks.

Equipment issued to each participant will be:

|                          |                                     |
|--------------------------|-------------------------------------|
| Tent                     | Macpac Microlight                   |
| Sleeping bag             | ME Sleepwalker III (+10°C to -10°C) |
| Dry bag for sleeping bag | Exped                               |
| Sleep mat                | Thermarest Prolite 3                |
| Rucksack                 | Lowe Alpine 65 + 15                 |
| Stove and pan set        | Primus Eta Express                  |
| Gas supports             | Primus                              |
| Dry bag set              | Various sizes Exped                 |
| Mug                      | Lifeventure Titanium                |
| Spork                    | Combined fork and spoon             |
| Trowel                   | IPood                               |
| Head torch               | Petzl Tikka                         |
| Map case                 | Silva                               |
| Water bottle 1litre      | Nalgene                             |
| Water carrier 2 litre    | Platypus                            |

If you have your own gear that is at least to a similar standard then you are welcome to use it instead.